## **Book description-long & short versions**

## Can You Turn Breast Cancer into a Positive Experience?

Yes! And *Bonjour Breast Cancer*, *I'm Still Smiling* shows you how. Written with a deliciously humorous tone, Princess Diane von Brainisfried (aka award-winning writer and lyricist Diane Young Uniman) shares a king's ransom of practical advice and wisdom to find positivity in the face of the challenges posed by breast cancer and everything that goes with it.

This essential guide to beating the breast cancer blues combines von Brainisfried's own insights with research-based strategies, along with wisdom from Socrates, Cherokee legends,-her own Jewish great-grandmother, and a palace pant-load more. You'll reclaim your happiness mojo as she shows you how to go from fear and despair to positivity and optimism.

Through the entire process—diagnosis, double mastectomy, radiation, chemo, baldness, and 3-D nipple tattoos—you will find encouragement and empowerment for your own journey. This is the closest thing to holding your hand through your breast cancer experience that you can get without actually holding hands.

#### Some of the secrets inside:

- Create blessings out of bad news without needing a magic wand.
- Comfort your family and other two-legged animals in your kingdom.
- Tame fear when it is acting like a monkey and going bananas.
- Find the pluses popping up everywhere like mushrooms after a spring rain.

# You Can Turn Breast Cancer Lemons into Royal Lemonade, and Bonjour Breast Cancer Will Show You How!

### **Book description-short version**

This practical and humorous guide to beating the breast cancer blues combines von Brainisfried's own insights and epiphanies with research-based positive psychology strategies, along with wisdom from Socrates, Cherokee legends, her own Jewish great-grandmother, and a palace pant-load more. You'll reclaim your happiness mojo as she shows you how to go from

fear and despair to positivity and optimism. You *can* turn breast cancer lemons into royal lemonade, and *Bonjour Breast Cancer* will show you how!

## Connect with Princess Diane von B on the following social media channels:

www.princessdianevonb.com www.facebook.com/princessdianevonb https://twitter.com/princessdvonb http://Instagram.com/princessdianevonb